Your study, your pace

Home and Relationships

Care with truth and consent

These are original editable study-page layouts by Kavonte Jones Sr.. Start with any page. You may leave a question unanswered or keep your reflections private.

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Responsibility and choice

Home and Relationships

Choose only the prompts that serve you. Sharing is optional.

What I am responsible for

What belongs to another person

What I can request without demanding

What helps me stay safe

A boundary in plain words

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Choose only the prompts that serve you. Sharing is optional.

The situation I need to name

The limit within my control

Words I can use without threat

Support if the limit is ignored

Repair without pressure

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Choose only the prompts that serve you. Sharing is optional.

The action I need to acknowledge

Its effect on another person

The repair I can offer

Their right to decide about trust

A safer listening conversation

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Choose only the prompts that serve you. Sharing is optional.

When and where conversation is welcome

One open question I can ask

What I heard before responding

When to pause or seek support

A rhythm for this household

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Choose only the prompts that serve you. Sharing is optional.

A need each person can name

One responsibility we can clarify

One limit on what we can carry

A time to review the plan

A gentle family check-in

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Choose only the prompts that serve you. Sharing is optional.

A good moment anyone may share

A difficulty no one must explain

A specific request for help

One person we will remember

What love can look like this week

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Choose only the prompts that serve you. Sharing is optional.

A chosen act of care

A needed rest or boundary

An honest conversation

A next step that remains optional