

PRAYER HOUSE

7-Day Prayer Closet Guide

A free ten-page doorway into private prayer through Matthew 6, adoration, confession, lament, intercession, listening, and surrender.

SCRIPTURE-FIRST · VISUAL FORMATION · RESPONSIBLE CARE

Matthew 6:5-15 | Luke 11:1-13 | Psalms of prayer

10 PAGES | PRINT-SAFE | VECTOR TEXT | ORIGINAL WRITING

Prayer is relationship, truth, surrender, and return.

A free ten-page doorway into private prayer through Matthew 6, adoration, confession, lament, intercession, listening, and surrender.

01 READ

Open the complete passage and its neighbors.

02 NAME

Tell God the actual truth without performance.

03 PRAY

Use the prompt as a doorway, never a magic formula.

04 CARRY

Choose care, counsel, boundary, repair, rest, work, or waiting as appropriate.

The Word governs the room.

Matthew 6:5-15

Jesus teaches sincerity, the Father's knowledge, the Lord's Prayer, daily dependence, forgiveness, and deliverance.

Luke 11:1-13

The disciples ask to be taught; Jesus joins a prayer pattern to persistence and confidence in the Father's goodness.

Psalms 13; 42-43; 51

Lament, self-examination, confession, memory, hope, and praise give prayer language for the whole person.

Philippians 4:4-9

Prayer and thanksgiving belong beside disciplined attention to what is true, just, pure, and worthy.

James 5:13-18

Suffering, cheer, sickness, confession, communal care, and fervent prayer appear inside one church practice.

Use every reference as a doorway into a full chapter. Prompts and commentary are original teaching, not additional Scripture.

Shut the door on performance

READ

Read Matthew 6:5-15 in full. What does the passage reveal about God, the person praying, and the request?

NAME

What is the honest burden, desire, fear, gratitude, sin, person, or decision connected to shut the door on performance?

DISCERN

What promise may be trusted here, and what outcome must not be guaranteed or manipulated?

PRAY

Write a prayer shaped by the passage rather than by performance. Leave room for confession, surrender, and silence.

CARRY

What practical step belongs beside this prayer: care, counsel, medical attention, safety, apology, boundary, service, rest, work, or waiting?

Adore before asking

READ

Read Luke 11:1-13 in full. What does the passage reveal about God, the person praying, and the request?

NAME

What is the honest burden, desire, fear, gratitude, sin, person, or decision connected to adore before asking?

DISCERN

What promise may be trusted here, and what outcome must not be guaranteed or manipulated?

PRAY

Write a prayer shaped by the passage rather than by performance. Leave room for confession, surrender, and silence.

CARRY

What practical step belongs beside this prayer: care, counsel, medical attention, safety, apology, boundary, service, rest, work, or waiting?

Tell God the actual truth

READ

Read Psalm 13; 42-43; 51 in full. What does the passage reveal about God, the person praying, and the request?

NAME

What is the honest burden, desire, fear, gratitude, sin, person, or decision connected to tell god the actual truth?

DISCERN

What promise may be trusted here, and what outcome must not be guaranteed or manipulated?

PRAY

Write a prayer shaped by the passage rather than by performance. Leave room for confession, surrender, and silence.

CARRY

What practical step belongs beside this prayer: care, counsel, medical attention, safety, apology, boundary, service, rest, work, or waiting?

Pray a Psalm of lament

READ

Read Philippians 4:4-9 in full. What does the passage reveal about God, the person praying, and the request?

NAME

What is the honest burden, desire, fear, gratitude, sin, person, or decision connected to pray a psalm of lament?

DISCERN

What promise may be trusted here, and what outcome must not be guaranteed or manipulated?

PRAY

Write a prayer shaped by the passage rather than by performance. Leave room for confession, surrender, and silence.

CARRY

What practical step belongs beside this prayer: care, counsel, medical attention, safety, apology, boundary, service, rest, work, or waiting?

Intercede by name

READ

Read James 5:13-18 in full. What does the passage reveal about God, the person praying, and the request?

NAME

What is the honest burden, desire, fear, gratitude, sin, person, or decision connected to intercede by name?

DISCERN

What promise may be trusted here, and what outcome must not be guaranteed or manipulated?

PRAY

Write a prayer shaped by the passage rather than by performance. Leave room for confession, surrender, and silence.

CARRY

What practical step belongs beside this prayer: care, counsel, medical attention, safety, apology, boundary, service, rest, work, or waiting?

Listen with an open Bible

READ

Read Matthew 6:5-15 in full. What does the passage reveal about God, the person praying, and the request?

NAME

What is the honest burden, desire, fear, gratitude, sin, person, or decision connected to listen with an open bible?

DISCERN

What promise may be trusted here, and what outcome must not be guaranteed or manipulated?

PRAY

Write a prayer shaped by the passage rather than by performance. Leave room for confession, surrender, and silence.

CARRY

What practical step belongs beside this prayer: care, counsel, medical attention, safety, apology, boundary, service, rest, work, or waiting?

The prayer ends. The formation continues.

Do not measure this time only by emotion or immediate resolution. Return to Scripture, remember what was named, receive care, and practice the clearest faithful next step available.

A FINAL FOUR-PART PRAYER

Father, I praise thee for...

I confess and release...

I ask thee for...

I surrender the outcome and will now...

Prayer belongs beside responsible care. In immediate danger call 911. In the United States, call or text 988 for emotional crisis support. This book does not diagnose, treat, or replace professional care.