

PRAYER HOUSE

Teach Us to Pray Starter

A free eight-page Scripture-first introduction to the Lord's Prayer, honest prayer, daily rhythm, and a faithful next step.

SCRIPTURE-FIRST · VISUAL FORMATION · RESPONSIBLE CARE

Matthew 6:5-15 | Luke 11:1-13 | Psalms of prayer

8 PAGES | PRINT-SAFE | VECTOR TEXT | ORIGINAL WRITING

Prayer is relationship, truth, surrender, and return.

A free eight-page Scripture-first introduction to the Lord's Prayer, honest prayer, daily rhythm, and a faithful next step.

01 READ

Open the complete passage and its neighbors.

02 NAME

Tell God the actual truth without performance.

03 PRAY

Use the prompt as a doorway, never a magic formula.

04 CARRY

Choose care, counsel, boundary, repair, rest, work, or waiting as appropriate.

The Word governs the room.

Matthew 6:5-15

Jesus teaches sincerity, the Father's knowledge, the Lord's Prayer, daily dependence, forgiveness, and deliverance.

Luke 11:1-13

The disciples ask to be taught; Jesus joins a prayer pattern to persistence and confidence in the Father's goodness.

Psalms 13; 42-43; 51

Lament, self-examination, confession, memory, hope, and praise give prayer language for the whole person.

Philippians 4:4-9

Prayer and thanksgiving belong beside disciplined attention to what is true, just, pure, and worthy.

James 5:13-18

Suffering, cheer, sickness, confession, communal care, and fervent prayer appear inside one church practice.

Use every reference as a doorway into a full chapter. Prompts and commentary are original teaching, not additional Scripture.

Enter without performance

READ

Read Matthew 6:5-15 in full. What does the passage reveal about God, the person praying, and the request?

NAME

What is the honest burden, desire, fear, gratitude, sin, person, or decision connected to enter without performance?

DISCERN

What promise may be trusted here, and what outcome must not be guaranteed or manipulated?

PRAY

Write a prayer shaped by the passage rather than by performance. Leave room for confession, surrender, and silence.

CARRY

What practical step belongs beside this prayer: care, counsel, medical attention, safety, apology, boundary, service, rest, work, or waiting?

Address the Father

READ

Read Luke 11:1-13 in full. What does the passage reveal about God, the person praying, and the request?

NAME

What is the honest burden, desire, fear, gratitude, sin, person, or decision connected to address the father?

DISCERN

What promise may be trusted here, and what outcome must not be guaranteed or manipulated?

PRAY

Write a prayer shaped by the passage rather than by performance. Leave room for confession, surrender, and silence.

CARRY

What practical step belongs beside this prayer: care, counsel, medical attention, safety, apology, boundary, service, rest, work, or waiting?

Hallow God's name

READ

Read Psalm 13; 42-43; 51 in full. What does the passage reveal about God, the person praying, and the request?

NAME

What is the honest burden, desire, fear, gratitude, sin, person, or decision connected to hallow god's name?

DISCERN

What promise may be trusted here, and what outcome must not be guaranteed or manipulated?

PRAY

Write a prayer shaped by the passage rather than by performance. Leave room for confession, surrender, and silence.

CARRY

What practical step belongs beside this prayer: care, counsel, medical attention, safety, apology, boundary, service, rest, work, or waiting?

Ask for daily bread

READ

Read Philippians 4:4-9 in full. What does the passage reveal about God, the person praying, and the request?

NAME

What is the honest burden, desire, fear, gratitude, sin, person, or decision connected to ask for daily bread?

DISCERN

What promise may be trusted here, and what outcome must not be guaranteed or manipulated?

PRAY

Write a prayer shaped by the passage rather than by performance. Leave room for confession, surrender, and silence.

CARRY

What practical step belongs beside this prayer: care, counsel, medical attention, safety, apology, boundary, service, rest, work, or waiting?

The prayer ends. The formation continues.

Do not measure this time only by emotion or immediate resolution. Return to Scripture, remember what was named, receive care, and practice the clearest faithful next step available.

A FINAL FOUR-PART PRAYER

Father, I praise thee for...

I confess and release...

I ask thee for...

I surrender the outcome and will now...

Prayer belongs beside responsible care. In immediate danger call 911. In the United States, call or text 988 for emotional crisis support. This book does not diagnose, treat, or replace professional care.